

LYNNHAVEN River NOW

2011 Earth Cleanup THE BIGGEST IN LRNOW HISTORY

The section of the eastern branch of the Lynnhaven River along S. Lynnhaven Road is heavily populated and well hidden. The river quietly twists its way under Lynnhaven Parkway, past Lynnhaven Mall, past Brookwood Elementary School and Plaza Middle School and out towards Potters Road – a forgotten stretch of waterway. A new interest in this section of London Bridge Creek, now to be included in the Southeast Coast Paddling Trail, led the LRNow Stewardship and Access Committee to launch a massive effort to clean up of the area. Whit Peace, Cleanup Coordinator and Co-chair of the Stewardship and Access Committee, rallied approximately 75 volunteers who launched the cleanup from three different locations. Kayaks and canoes left from the north and south cleaning the shorelines as they went to meet in the middle at Brookwood Elementary where a land-based cleanup



was in full swing. Teacher Karen Roberts led students from Brookwood Elementary School. Older siblings from Plaza Middle came back to assist and worked with a crew from Mechdyne Corporation and other dedicated LRN volunteers to remove more than 120 bags of trash, small and large appliances, dog crates, sports equipment, auto parts, home and construction debris, car seats, seven shopping carts, pallets, patio furniture, paint cans and more

which was modestly estimated at more than 5,000 pounds.

The LRNow Stewardship and Access Committee also participated in Clean the Bay Day hosting seven locations to clean up other areas within the watershed. If you are interested in volunteering for upcoming land-based or water-based cleanups, contact us at office@lynnhaven2007.com

FALL FESTIVAL

Mark your calendar now for LRNow's First Fall Festival. We are excitedly planning this new event for the entire family for Saturday, November 5th, at Virginia Beach Middle School.

There will be a native plant sale, a rain barrel workshop, food and games, activities for all ages, a nature walk and more.

Each of our committees is planning an activity for you to learn more about the Lynnhaven River and to have a good time.

You may also discover ways that you can get involved with the exciting work of LRNow!

Bring the whole family, get a copy of our new book, build a rain barrel, enjoy local foods, win prizes and much, much more. Watch for more details as we get closer to the date.

A day to learn and celebrate our efforts to restore and protect the beautiful Lynnhaven River.



Upcoming Events

JULY

6 – 6:30-8:00 pm, Rain Barrel Workshop at LRNow Office. Pre-registration required—office@lynnhaven2007.com

23 – 9:00-11:00 am, Oyster Roundup, First Landing at 64th Street. Pre-registration required—hamptonroads@cbf.org

AUGUST

4 – 6:00-7:30 pm, Taylor Float Workshop at LRNow Office. Pre-registration required—office@lynnhaven2007.com

8 – 6:30-8:00 pm, Rain Barrel Workshop at LRNow Office. Pre-registration required—office@lynnhaven2007.com

9 – 6:00-7:30 pm, New Gardener Seminar, VirginiaWesleyanCollege. Pre-registration required—hamptonroads@cbf.org

23 – 9:00 am-Noon, River Cleanup

25 – 6:00-7:30 pm, Taylor Float Workshop at LRNow Office. Pre-registration required—office@lynnhaven2007.com

27 – 9:00-11:00 am, Oyster Roundup, First Landing at 64th Street. Pre-registration required—hamptonroads@cbf.org

30 – 6:00-7:30 pm, New Gardener Seminar, VirginiaWesleyanCollege. Pre-registration required—hamptonroads@cbf.org

SEPTEMBER

17 – 9:00-Noon, River Cleanup, International Coast Cleanup Day

OCTOBER

5 – 7:00-9:00 pm, Candidates Forum for all State Representatives

6 – 5:00-7:00 pm, Art Show Opening, The Gallery at Towne Pavilion Center II

NOVEMBER

5 – FALL FESTIVAL, 11 am-5 pm
An event for the entire family!

To get timely information on all LRNow Events and related community events, sign up for our LRNow E-News on our website or by contacting our office, 757-962-5398 or office@lynnhaven2007.com.

DEAR MEMBERS,

Life in the Lynnhaven River NOW office has been quite busy. We enjoyed seeing so many of you at the Oyster Roast in April. It was a record crowd and we have begun already to make plans for our 10th Anniversary Oyster Roast next spring.

The hit of the Oyster Roast this year was definitely the release of our new book, *The Lynnhaven—Restoring A Legend*. If you did not get a copy at the Oyster Roast or want to buy copies for your family and friends, we have copies available in our office. It makes a lovely gift that can be enjoyed over and over. The Gallery at Towne Pavilion II will be hosting a Lynnhaven River Art Show for us this fall with many of your favorite paintings and photographs from the book and many new ones. The Opening on October 6th will provide an opportunity to purchase copies of the book and maybe even get a few autographs from some of our authors and artists. And this is just the beginning of the happenings around the Lynnhaven.

After an amazing clean up effort on London Bridge Creek on April 30th, the Stewardship and Access Committee pulled it off again for Clean the Bay Day on June 4th. More than 150 volunteers picked up 6,000 pounds of trash in one morning! I keep thinking that they cannot top their previous effort and they keep surprising me!

Our work with our schools is some of the most important work that we do. As the current school year comes to a close, we are looking back on another groundbreaking year for the teachers and students in the Virginia Beach schools. Forty-five schools met the criteria to receive the Pearl School Award and 66 teachers are active oyster gardeners. Look for more highlights from this year's school programs in our fall newsletter.

Summer is the time when we focus on our Oyster Gardeners. In partnership with the Chesapeake Bay Foundation, we will again be offering two New Gardener Seminars, two Taylor Float Workshops and two Oyster Roundups. If you are interested in becoming an oyster gardener, check out the information on Oyster Gardening on our website and sign up for a New Gardener Seminar this summer. I think you will find it to be a very rewarding activity.

We hope you all have an opportunity to get out and enjoy the Lynnhaven River this summer. And get ready for a fun-filled fall—Candidates' Forum, Art Show, Wetlands Workshop and our first FALL FESTIVAL!

Thank you for all you do to help restore and protect the Lynnhaven River.

KAREN WILSON FORGET
EXECUTIVE DIRECTOR



9TH ANNUAL Oyster Roast

The weather reports were pretty dismal for April 16th—thunderstorms, high winds, and rain. But we were undaunted and it paid off. We had a great day on the shores of the Lynnhaven celebrating this beautiful place and the progress we have made in restoring and protecting the river.

Our new book, *The Lynnhaven, Restoring A Legend*, was the main attraction that day and many went home with autographed copies.

The weather was much better than expected and we enjoyed aquacultured Lynnhaven Oyster Company oysters straight from Broad Bay, delicious oyster stew prepared by our own oyster stew chef, Linda Lexier, and scrumptious pork barbecue. Another added treat this year was the Chesapeake Ray!

Thanks to all who supported this important fundraiser for Lynnhaven River NOW and especially our generous corporate sponsors:

Fine Family Fund



Hap and Becky Chalmers

71st Street Anglers



Bob and Eleanor Stanton



Harry and Calvert Lester



The Greening of the Oyster Roast

At LRNow, we always try to walk the talk. We have a rain barrel and a native plant garden in front of our office, we carpool whenever possible, are trying to reduce the amount of paper we use and minimize our footprint any way that we can. With that in mind, we have worked hard to “green” our Oyster Roast. We use reusable cups and glasses, compostable plates made from sugar cane, reusable cloth table linens and try to get as much of our food from local sources as possible. We recycle all of the oyster shells, soda cans and wine bottles. At the end of this year's Oyster Roast with a record crowd of 500 people, we had only eight bags of trash. That's not bad! Maybe next year, we can get it down to five or six.



Thank You!

3-4-2011 – 5-25-2011

INDIVIDUALS

Sustaining Members
Mr. & Mrs. Bob Sasser
Mr. & Mrs. Bruce Bradley
Mr. & Mrs. Robert Stanton
Mr. & Mrs. Hap Chalmers

Pearl Members

Ms. Susan French

Reef Members

Ms. Lori Fanney
Mr. & Mrs. Robin Ray
Mr. & Mrs. George Grinnan

General Members

Mr. & Mrs. Ronald Cobb
Captain & Mrs. A.D. Super
Ms. Judith Chisholm
Mr. Nicholas G. Wilson III
Mr. & Mrs. Elvin Wilber
Ludford Family
Mr. & Mrs. Bob Bradlee
Mr. & Mrs. Blaine Denny
Mr. & Mrs. Paul Hirschbiel
Ms. Lynn Shepherd
Mr. & Mrs. Wayne Wright
Mr. & Mrs. John Wallace
Ms. Deborah Meadows
Ms. Jamie Hayes
Mr. Thomas O'Grady
Ms. Virginia O'Malley
Ms. Judith Anapol
Mr. Robert Brumbaugh
Mr. Ian P. Goodwin
Mr. Harold Bernsen
Mr. & Mrs. Bill Cox
Mr. George Yates
Mr. Deborah Otis

BUSINESSES & GROUPS

Sustaining Members

Runnymede Corp.
DIA Inc.
Ramon W. Breeden, Jr. Foundation
Chick's Oyster Bar
71st Street Anglers
Papco/ Mr. John Malbon
WildRiver Outfitters/ Ms. Lillie Gilbert
Virtexco/ Mr. & Mrs. Robert Wells
TowneBank
Lynnhaven Oyster Company

Pearl Members

Lynnhaven River Garden Club
Lynnhaven Marine/ Mr. Charles Guthrie
Checkered Flag Motor Car Company/ Mr. Edward Snyder

General Members

North Virginia Beach Civic League
Lake Smith Terrace Garden Club
Little Neck Garden Club
Landstown High School, Earth
Day Trashion Show

MEMORIAL & HONOR DONATIONS

In Memory of Mr. Peter Howes
Mr. & Mrs. Ronald and Doris Cobb

In Memory of Mr. Peter Howes
Mr. & Mrs. Elvin and Mary Catharine Wilber

You Can Be an Oyster Gardener

Have you wondered how you might get more involved with Lynnhaven River restoration? Oyster Gardening may be just the opportunity that you have been looking for. It takes about an hour of time each month to keep your oyster bag clean and healthy and your baby oysters will help greatly to rebuild our oyster population in the Lynnhaven River. How does oyster gardening work? As an oyster gardener, you will receive 1,000 baby seed oysters this summer. When you receive them, each will be about the size of your thumbnail. You grow these oysters in a mesh bag in a Taylor float in the Lynnhaven for one year. At the end of that year, each will be between one and three inches in length. Next summer, you will turn them in at an Oyster Roundup. They will be placed on conservation reefs in the Lynnhaven and you will receive a new batch of baby oysters for the coming year. How do I get started?

- To get started, you will need a place to keep your oysters. That may be at your own dock if you are lucky enough to live on the water or you may ask a friend, neighbor or a marina if you can tie your float to their dock.
- Once you have a location secured, you should request an information packet about oyster gardening for restoration by contacting Chesapeake Bay Foundation's Hampton Roads office at 757-622-1964 or hamptonroads@cbf.org. This packet includes general information about the Citizen Oyster Gardening program, the need for oyster restoration, the materials required, and a required State Registration Form. (If you are a teacher, contact our office, 757-962-5398 or oysterreefkeeper@yahoo.com about Oyster Gardening workshops and opportunities for teachers.)
- Attend one of our Taylor Float Workshops (Thursday, August 4 or Thursday, August 25, 6:00-7:30 pm) to build your own Taylor Float or order an assembled Taylor Float through the LRNow office (757-962-5398 or office@lynnhaven2007.com).
- Register and attend a New Citizen Oyster Gardener Workshop (Tuesday, August 9 or Tuesday, August 30, 6:00-7:30 pm) to learn about oyster gardening and pick up your new seed oysters. Sign up early because space is limited; register at 757-622-1964 or hamptonroads@cbf.org. There is a suggested donation to CBF of \$30 per 1,000 oysters.
- Next summer you will turn in your one-year-olds at a Roundup and get your new baby oysters. Please contact our office if you have any questions. This past year, we had a nice increase to Oyster Gardeners in the Lynnhaven. Let's see if we can increase that number even more this year!

TAYLOR FLOAT WORKSHOPS, LynnhavenRiver Now Office, 1608 Pleasure House Road, Suite 108, VB 23455, 6:00-7:30 pm, August 4, 2011 and August 25, 2011. To register, contact: 757-962-5398 or office@lynnhaven2007.com.

NEW CITIZEN OYSTER GARDENERS WORKSHOP, 6:00-7:30 PM, August 9, 2011, Virginia Wesleyan College and August 30, 2011, Great Neck Rescue Squad Building. To register, contact: 757-622-1964 or hamptonroads@cbf.org.

IF YOU ARE ALREADY AN OYSTER GARDENER AND NEED TO TURN IN YOUR OYSTERS, HERE ARE THE DATES FOR THIS SUMMER'S ROUNDUPS.

First Landing State Park, 64th Street Boat Ramp Saturday, July 23rd from 9 – 11 am, Saturday, August 27th from 9 – 11 am

All those planning to attend a round-up should register with the Chesapeake Bay Foundation at hamptonroads@cbf.org.

LRNow's new book, *The Lynnhaven, Restoring A Legend*, will be available for \$50 at the Roundups and the Taylor Float Workshops.

All of the Oyster Gardening Programs are a partnership of Lynnhaven River NOW, Chesapeake Bay Foundation and Oyster Reef Keepers of Virginia.

SUMMER 2011

TEACHER WORKSHOPS

Join one of our summer teacher workshops and add something fun to your summer that will benefit you throughout the next school year. Open to all public and private school teachers.

PROJECT WILD AND WILD AQUATIC TEACHER WORKSHOP

Wednesday, August 10th and
Thursday, August 11th
8:30 am – 12:30 pm
Location: First Landing State Park
Trail Center
Cost: Free

Attendance for the entire duration of the workshop is required to receive certificate and workshop materials.

Project WILD and Project WILD Aquatic curriculums are two of the most widely-used conservation and environmental education programs among educators of students in kindergarten through high school. The Project WILD K-12 Activity Guide offers learning opportunities through a focus on wildlife and habitat, while the Project WILD Aquatic K-12 Activity Guide emphasizes aquatic wildlife and aquatic ecosystems. Each is based on the premise that young people and educators have a vital interest in learning about our natural world. Emphasizing wildlife because of its intrinsic value, Project WILD addresses the need for human beings to develop as responsible citizens of our planet. For more information about the Project Wild curriculums, visit www.projectwild.org. To register, contact Helen Kuhns at office@lynnhaven2007.com or by calling 757-962-5398. Advanced registration is required no later than August 5th. Limit 25 teachers.

PROJECT WET TEACHER WORKSHOP

Thursday, August 18th
8:30 am – 4:00 pm
Location: First Landing State Park
Trail Center
Cost: Free

Attendance for the entire duration of the workshop is required to receive certificate and workshop materials.

Project WET (Water Education for Teachers) is a nationally developed, supplementary water education program for educators — public and private school teachers, youth club leaders, museum staff and others. Project WET is designed to teach students how to think, rather than what to think. The program shows that wise water management is essential to the future social and economic prosperity of our country. Project WET addresses atmospheric water, surface water, ground water, cultural and historical uses of water, and contemporary water management issues such as nonpoint source pollution. Professionally developed teaching aids are hands-on, self-contained, and user-friendly. For more information about the Project WET curriculum, visit www.projectwet.org. To register, contact Helen Kuhns at office@lynnhaven2007.com or by calling 757-962-5398. Advanced registration is required no later than August 12th. Limit 25 teachers.

WETLANDS 101

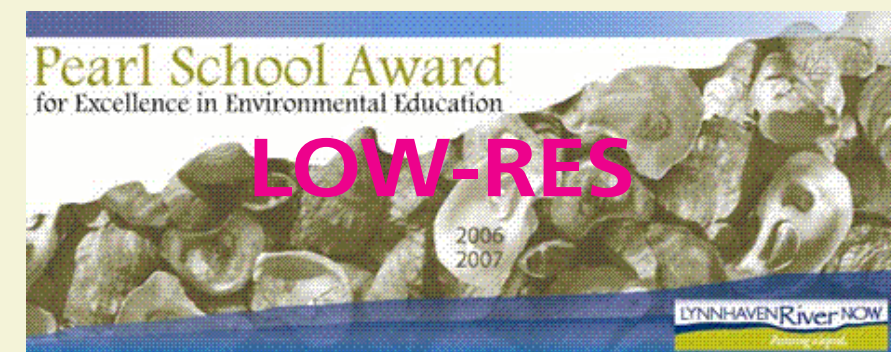
Thursday, August 25th, 8:30 am – 4:00 pm and Friday, August 25th, 8:30 am – 12:30 pm
Location: First Landing State Park
Trail Center
Cost: \$20

Attendance for the entire duration of the workshop is required to receive certificate and workshop materials.

This one and one half day workshop provides a basic introduction to wetland function and dynamics and includes WOW! The Wonders of Wetlands curriculum guide. Exploring wetland areas, teachers will develop a more in-depth understanding of the crucial role of wetland areas, how wetlands work and will leave with hands-on activity you can use in your classroom and on your school grounds. Limit 25 teachers. The course is appropriate for elementary and middle school teachers. To register, contact Helen Kuhns at office@lynnhaven2007.com or by calling 757-962-5398. Advanced registration is required no later than August 12th. Payment must be received for space to be reserved. Limit 25 teachers.

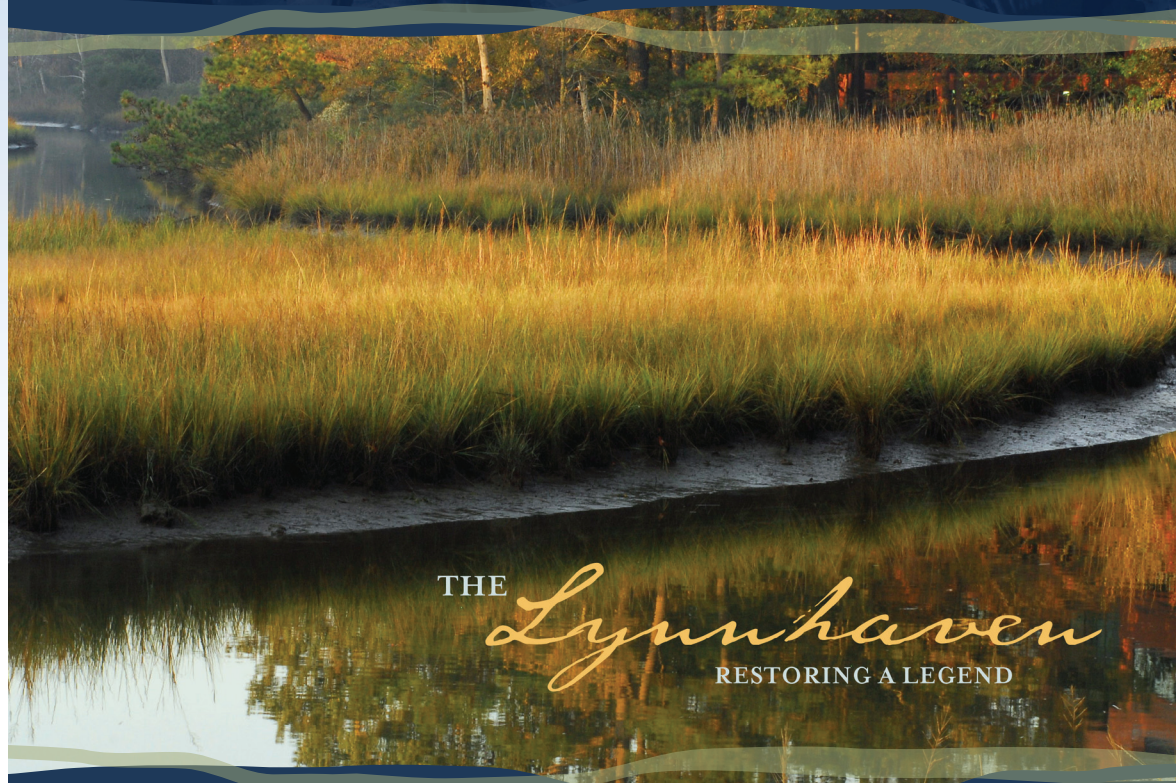
Pearl Schools

Every year the number of schools in Virginia Beach meeting the requirements for the Pearl School Award grows. We are very pleased to announce that for the 2010-2011 school year, we have 45 Pearl Schools. Read more about our school programs and the accomplishments of our Pearl Schools in our fall newsletter.



2011 FIRST EDITION
GET YOUR COPY NOW!

WHEN IT COMES TO RESTORING
THE LYNNHAVEN RIVER,
We wrote the book.



THE *Lynnhaven*
RESTORING A LEGEND



Entertaining and informative, this book is a collection of heartfelt essays, stunning photographs and paintings from the people who love and live on the river.

All proceeds go to support education and restoration through Lynnhaven River NOW. For more information visit our website www.lrnnow.org.



WWW.LRNOW.ORG • 757-962-5398



Oysters reefs help the Lynnhaven River by providing water filtration, as well as food and habitat for many creatures that live in the river. Unfortunately, the river's oyster population is only at 2% of what it was when colonists entered the Lynnhaven River in 1607.

Lynnhaven River NOW, along with several partners, is working with restaurants to "Save Oyster Shells" that are used to build and restore oyster reefs in the Lynnhaven River.

If you order oysters or clams today, the shells from your meal will be collected and used in our oyster reef restoration effort in the Lynnhaven River.

For more information, visit www.LRNow.org

KIDS PAGE

Find and color the animals that use the oyster reef as habitat
Mussel, barnacle, crab, oyster, 3 types of fish, anemone, whip worms



Hints:



mussel



barnacle



crab



whip worms



anemone

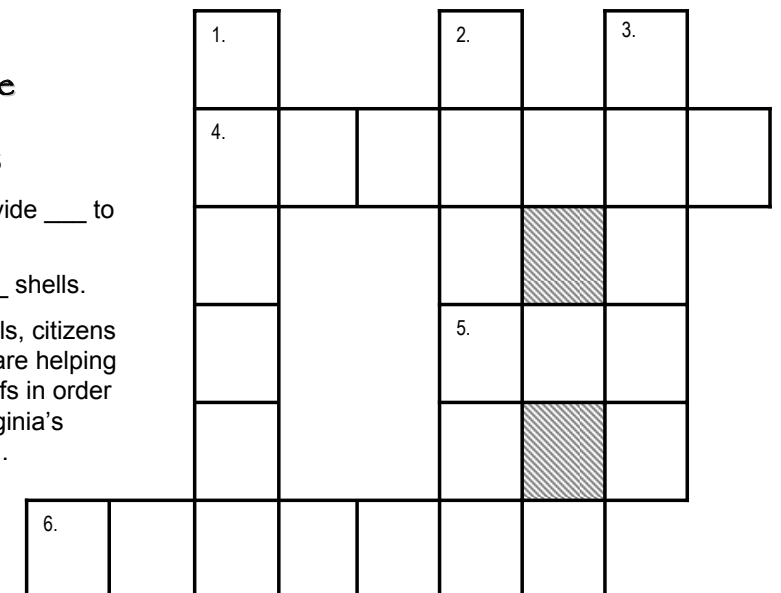
Oyster Facts Crossword Puzzle

DOWN

- Oyster reefs are made out of oyster ____.
- Oysters act as a ____ to clean the water of algae and sediment.
- Jump on the band-____! Help to restore Virginia's oyster reefs.

ACROSS

- Oyster reefs provide ____ to fish and crabs.
- Oysters have ____ shells.
- Scientists, schools, citizens and restaurants are helping to ____ oyster reefs in order to bring back Virginia's oyster population.



Committee Highlight Stewardship and Access Committee

The work at Lynnhaven River NOW is centered around our various committees. Each committee has a different area of focus and offers volunteers an opportunity to get involved in the area that most interests them. A complete list of committees is available on our website. Check it out if you want to know more or are interested in getting more involved.

In each of our upcoming newsletters, I would like to focus on one of our committees so you can learn more about their great work. In this issue, we are highlighting the great work of the Stewardship and Access Committee.

This hard working group is focused on promoting access, enjoyment and stewardship of the Lynnhaven River. The activities that they organize include our many river cleanups, the bike tours, the kayak tours, our adopt-a-spot locations and working with the City to develop additional sites on the Lynnhaven for the public to have access to the river.

The Stewardship and Access Committee is led by Lillie Gilbert and Whit Peace and during the past year they have organized and sponsored:

Twelve river cleanup days including a huge cleanup with three sites and 75 volunteers on April 30th and our many Clean the Bay Day groups.

A very successful Third Annual Bayside History Day Bike Tour with 53 participants.

Paddle into History Kayak Tour on the anniversary of the ducking of the Witch of Pungo.

Regular cleanups at our two adopt-a-spots: Hutton Circle Canoe & Kayak Launch site and Birdneck Canoe & Kayak Launch site.

During the first five months of 2011, through the river cleanups 300 volunteers have donated 706 hours of time and picked up 13,910 pounds of trash!

This committee knows that everyone needs an opportunity to get out on the water, to enjoy and appreciate the beautiful Lynnhaven River and to learn to be a better steward of the river. If you can get excited about the idea of providing opportunities for people to enjoy the river and practice good stewardship, join us at one of the committee meetings on the 4th Friday of each month at 8:30 am at the Colonial Education Center at the Lynnhaven House on Wishart Road. Contact our office if you are interested in more information.

See you on the water!

Thank you!

Contact our office at 757-962-5398
or office@lynnhaven2007.com.

Get a Scoop the Poop sticker for
your black trash can or get them for
your whole neighborhood.



1608 PLEASURE HOUSE ROAD SUITE 108
VIRGINIA BEACH VA 23455 • 757-962-5398

NON PROFIT ORG.
U.S. POSTAGE
PAID
VIRGINIA BEACH, VA
PERMIT #30

Restoring a legend.

LYNNHAVEN RIVER NOW